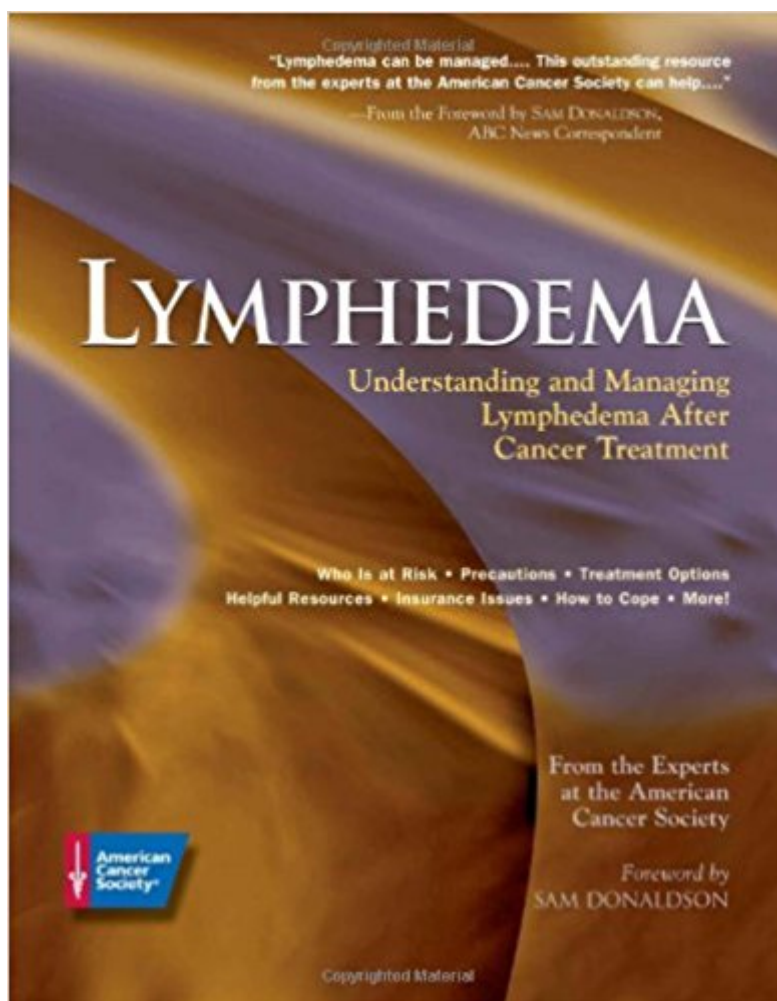


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# Lymphedema: Understanding And Managing Lymphedema After Cancer Treatment



## Synopsis

Understand the mystery of cancer-related lymphedema If you have had cancer treatment, you may be at risk for lymphedema, a buildup of fluid that results in swelling of the arm or leg and other potential complications. Created with the guidance of experts in nursing, oncology, research, and lymphedema care, this up-to-date, practical handbook helps you and your caregiver understand and manage every aspect of lymphedema. Topics include: Current recommendations about day-to-day precautions, diagnosis, and treatment Early symptoms and self-monitoring that can be essential to early diagnosis Methods of coping with emotional stresses and physical challenges Practical issues related to work, insurance, and finding and paying for treatment Lymphedema: Understanding and Managing Lymphedema After Cancer Treatment offers the information and support you need to cope. You will benefit from this solid and sympathetic discussion of an often-misunderstood and overlooked condition. "Lymphedema can be managed if you understand your risks, take proper precautions, and receive treatment from knowledgeable and qualified professionals. This outstanding resource from the experts at the American Cancer Society can help you do just that." --From the Foreword by Sam Donaldson, ABC News Correspondent, treated for lymphedema of the leg

## Book Information

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## Customer Reviews

American Cancer Society is a trusted provider of unbiased general information and personalized cancer-related health information and guidance. Its goals emphasize prevention, early detection, and screening; comprehensive treatment information that can help patients make informed

decisions; practical answers to patients' questions about work, insurance, money, and planning for the future; and strategies for coping with the physical symptoms and emotional effects of cancer.

This book provided the most useful information for managing my lymphedema on my left leg. I highly recommend it to anyone suffering from this condition or anyone caring for someone with lymphedema.

8 yrs out of date. Find a book with more recent information. It provided the most basic data. did not review alt. treatments.

The book has very helpful knowledge in it. Just to see the pictures makes you do everything you can to avoid lymphedema!

An older book, but useful as a consumer guide for management of the problem post cancer treatment. For establishing a cancer rehab clinic.

Good information and illustrations...The book gave a good overview on a condition that seems to be a mystery that there is no real reliable treatment for.

I found a lot of helpful material and resources in this book that my doctor hadn't mentioned to me. I've been able to reduce the swelling in my legs!

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